

# The **GAME** Plan

## For a Peaceful Tomorrow



Jennifer Porter  
Founder

## Celebrate National Parks and Recreation Month: From Virginia to Yellowstone

By Jennifer Porter

July is **National Parks and Recreation Month**, and I love seeing our Country's treasures! I used to really enjoy nerding out and getting a stamp in my National Park Passport every time I visited a new park. This summer, there's no better time to celebrate the natural beauty, history, and cultural richness of our nation's public lands. Whether you're enjoying an afternoon stroll on the National Mall or walking the geyser-studded trails of Yellowstone, America's parks offer something for everyone.



**Right here in Northern Virginia**, we're lucky to be surrounded by some of the most iconic and inspiring national park sites in the country. Spend a summer day exploring the **National Mall**, where monuments and memorials tell the story of our shared history. Don't miss the **Lincoln Memorial**, where standing on those steps offers both a breathtaking view and a moment of reflection on the ideals that shape our country. I remember one summer, my family staycated in DC, and we had tickets to go to the top of the **Washington Monument**. Days before we were to go up, the monument was closed for repairs! So, I still haven't made it to the top.

Many may not realize that the **Wolf Trap National Park for the Performing Arts** in Vienna, Virginia is not just a true gem but also a National Park! It's the only national park dedicated to the performing arts—and on **July 17**, it's the place to be when the **National Symphony Orchestra** performs the score to *The Empire Strikes Back* live during a screening of the film. Bring a picnic, a blanket, and your love for John Williams—this is summer magic at its best.

Off to the coast in Hampton Roads area, you'll find **Colonial National Historical Park and Historic Jamestowne**, where you can walk the grounds of America's first permanent English settlement. It's a perfect family trip that blends education, fresh air, and a deeper appreciation for our country's beginnings. In Virginia, most 4th graders learn about Jamestown; so, this can be a perfect trip for families with elementary aged kiddos.

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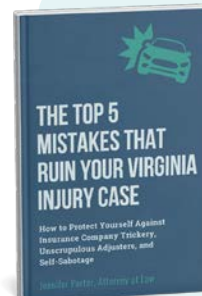
#### How We Can Help

At Jennifer Porter Law, we focus on giving our clients the information to make smart choices about their legal needs.

In personal injury, we help the seriously injured avoid being taken advantage of with a customized game plan. In estate planning, we create custom-designed plans that protect families, their future and their privacy.

In both practice areas, our goal is to help people make proactive, informed decisions for a peaceful tomorrow.

Call us today at 571-532-9070 or visit [www.jenniferporterlaw.com](http://www.jenniferporterlaw.com) to schedule a consultation.



### FREE DOWNLOAD The Top 5 Mistakes That Ruin Your Virginia Injury Case

In this important guide, Jennifer Porter shares her insider knowledge of insurance companies to help people avoid

common mistakes if they are injured due to others' negligence.

Request this valuable resource to keep on hand so you can be prepared to protect yourself against insurance companies and unscrupulous adjusters.

Scan the code or visit  
[jenniferporterlaw.com](http://jenniferporterlaw.com)



## ESTATE PLANNING TIP



### ***Wills vs. Trusts: Which Is Right for You?***

*By Stephanie Himel-Nelson, Estate  
Planning Attorney*

**Estate planning isn't a one-size-fits-all service. A plan only works if it fits your specific needs. Here's a quick look at key differences in a Will and a Trust:**

- **Wills** – Great for naming guardians and outlining who gets what, but they still go through probate which destroys any expectation of privacy.
- **Trusts** – Avoids probate, offers privacy, and lets you control asset distribution more precisely.

Working with an estate planning attorney helps you choose the right path for your goals and family structure. Let us guide you. Call 571-532-9070 to schedule a consultation. •

## Maria's Quick Arepas with Cheese

*A Venezuelan favorite made fast and easy—perfect for a weeknight meal or brunch.*

### **INGREDIENTS**

- 2 cups pre-cooked white cornmeal (Harina PAN)
- 2 ½ cups warm water
- 1 tsp salt
- 1 cup shredded mozzarella or queso blanco



### **INSTRUCTIONS**

- 1 Mix salt into warm water. Slowly stir in cornmeal until dough forms.
- 2 Let sit for 5 minutes.
- 3 Shape into disks, add cheese inside, seal, and flatten.
- 4 Cook on skillet over medium heat 5–7 min per side until golden.
- 5 Slice open and fill with more cheese or avocado!

*Did you make it? Take a picture and send it to us. We may use it in our upcoming social media posts! We'll also send you a surprise gift! Email your photos to [maria@jenniferporterlaw.com](mailto:maria@jenniferporterlaw.com) •*

## WHAT OTHERS ARE SAYING ABOUT JENNIFER PORTER LAW

*"I Knew I was in Perfect Hands from the Start"*



**Nicole Martin**

Local Guide · 10 reviews · 4 photos

★★★★★ a month ago

I had a great experience working with Jennifer and Allison. The process took a lot of stress off my plate. After they accumulated information from me, they did all the work. They kept me well informed whenever progress was being made so that I was still in the drivers seat regarding my case.

Jennifer was very compassionate and knowledgeable, I knew I was in perfect hands from the start. She never made me feel rushed and always was honest with me. Allison and her were easy to get a hold of when I had questions and were always very thorough with me.

I highly recommend this office!



*Jennifer Porter Law has a 5.0 star rating with over 115 Google reviews. If we have helped you, please consider sharing your experience.*

## Guiding the Next Generation of Attorneys

*By Michelle Chang, Attorney*



I had the wonderful opportunity to volunteer for the Fairfax Bar Association's Court Tour program. Guiding 8th grade students from Whitman Middle School throughout the Fairfax County Courthouse, I and another attorney got to show students what happens in the courtroom and meet with two Circuit Court judges. It was inspiring to see their genuine interest in becoming an attorney, and I hope that I played a role in making the law more friendly. •

## FOODIE FEATURE

## Hot Eats for Hot Days

These local spots bring the flavor to July in **NoVa**:

- » **Arlington: Quarterdeck Restaurant** - A fixture of the Fort Meyer Heights neighborhood since 1979, this is the place to go when you and your family are craving a Blue Crab feast and cold beer on the patio with a paperbag for your tablecloth.
- » **Merrifield: Playa Bowls** - A refreshing acai bowl and iced coffee is just what the doctor ordered on a hot July day!
- » **Springfield & Fairfax: Taco Bamba** - Summer tacos and tangy agua frescas make this a must visit.

*\*\*Jennifer's favorite place for tacos! Try the OG Breakfast taco next time you're there!*



When you are in **Virginia Beach**, these are two must-try faves:

- » **Virginia Beach: Blue Cow Ice Cream Co.** - Known for its creative flavor combinations, such as Goat Cheese with Blueberry Swirl and Sea Salt Brickle with Caramel Swirl. Their ice cream flights allow you to sample multiple flavors, making it a fun experience for the whole family. Located near Chick's Beach, it's the perfect stop after a day in the sun.
- » **Virginia Beach: Tautog's Restaurant** - nestled in a charming 1920s beach just a block from the oceanfront, this little spot combines historic ambiance with a tasty fish and seafood entrees and fantastic service.

Stay cool and support local - your taste buds will thank you. •

## SUPERSTAR SPOTLIGHT

## Celebrating Allison's & Maria's Anniversary at Jennifer Porter Law



**In April, we celebrated our paralegal, Allison Alvey, and her 2 year anniversary with the firm.** As our trusted paralegal, Allison is the reliable engine behind our case success — from intake to final settlement. Her organization, kindness, and quiet calm under pressure help every client feel heard and supported. We are grateful for her dedication and proud to have her as part of our family.



**In June, we celebrated Maria Guerra as we celebrated her 1 year anniversary with the firm.** Maria brought a wave of fresh energy with her positive attitude and unwavering commitment to teamwork and marketing know-how. She manages our internal processes, social media strategy, marketing, and keeps everything running behind the scenes.

*Thank you, both, for making this firm better every day! •*

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## Celebrate National Parks

And if your summer plans take you south, don't miss the **Great Smoky Mountains National Park**, where misty peaks, scenic drives, and family-friendly hikes await. Being from Tennessee, my family and I are regular visitors to this park (although my kids would say the only park they care about is Dollywood in Pigeon Forge, TN).

Of course, for those venturing farther, **Yellowstone National Park** in Wyoming and **Yosemite National Park** in California offer awe-inspiring landscapes worth every mile. From Yellowstone's erupting geysers and roaming bison to Yosemite's granite cliffs and sequoia groves, these parks remind us of the vast and varied beauty protected across our country.

As we celebrate National Parks and Recreation Month, take a moment to get outside, explore something new, and support the preservation of these national treasures. Whether you're looking for adventure, serenity, or a walk through history—you don't have to go far.

— Jennifer

**Your comments, ideas and feedback are always welcome.**  
Email me at [contactus@jenniferporterlaw.com](mailto:contactus@jenniferporterlaw.com) •

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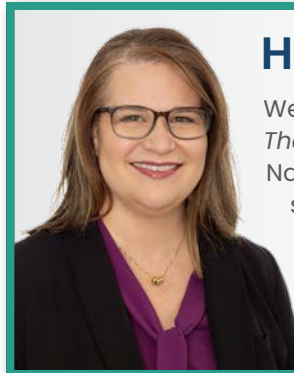
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### THANK YOU FOR THE REFERRALS

*We're grateful for the trust you place in us. Your referrals are the highest compliment—and every time you send someone our way, you're helping them find a team who truly cares. Thank you for being part of our journey.*



## Hello From Jennifer Porter

We're hitting our stride with the second issue of *The Game Plan*. Inside this issue we are highlighting National Parks month, fantastic local restaurants, sharing Maria's recipe for arepas, and of course, providing you with some helpful information about our services. I hope you enjoy!

*— Jennifer Porter*



## What to Do If You're **INJURED** as a **PEDESTRIAN**

*By Jennifer Porter*

*Pedestrian accidents are unfortunately common in busy Northern Virginia intersections. In the past 4 years, we have represented several people who were crossing the street in a crosswalk when they were hit by a careless driver who wasn't paying attention.*

If you or someone you love is hit by a vehicle, here's what to do:

1. **Call 911 Immediately** – Report the accident and request medical help. Even if you don't see blood or have an obvious broken bone, it is very important to get immediate medical attention to assess your condition. Head injuries and deep contusions are very common from a pedestrian vs. auto collision.
2. **Get Witness Info & Photos** – These are critical for your claim. Be sure to take a picture of the driver's license and license plate, as well as take a note of the name and phone number of anyone who was a witness to the event.

3. **Get Immediate Medical Attention** – Being hit by a moving vehicle can be devastating, resulting in broken bones, deep contusions, head injuries, and emotional trauma. Please prioritize your health and get immediate medical attention to set yourself up for a successful recovery.
4. **Don't Talk to the Driver's Insurance ... Until You Talk to An Attorney.** The insurance carrier's #1 objective is to minimize your claim and look for any viable argument to deny your claim. It is very common in pedestrian incidents for the insurance company to



*The team at Jennifer Porter Law helps pedestrian victims recover compensation for medical bills, lost wages, and emotional trauma with care and compassion.*

try to push through a quick, low-ball settlement before you have a chance to realize what's happening.

5. **Call Jennifer Porter Law** – We help pedestrian victims recover compensation for medical bills, lost wages, and emotional trauma with care and compassion. Call us at 571-532-9070 for a consultation.

You have rights as a pedestrian, and we're here to protect them. •